

Snack Menu - October

Please note: Water and 1% milk will be served. We do not serve juice. All crackers, cereal and pasta will be whole wheat, if available. Please talk to your child's teacher to make accommodations if your child has food allergies.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Wheat Bagels Cream Cheese & Water	2 Cheddar Clouds Melon & Water	3 Chex Squares Strawberries & Water	4 Rice Cakes Cucumbers & Water
7 String Cheese Cuties & Water	8 Popcorn Apples & Water	9 Wheat Thins Blueberries & Water	10 Cheese Slices Crackers & Water	11 Yogurt Bananas & Water
14 Apple Sauce Cinnamon Crackers & Water	15 Granola Bar & Milk	16 String Cheese Apples & Water	17 Teddy Grahams Carrots & Water	18 Kix Cereal & Milk
21 Yogurt Belvita Crackers & Water	22 Wheat Thins Raisins & Water	23 Carrots Crackers & Water	24 Multigrain Cheerios & Milk	25 Goldfish Apples & Water
28 Rice Rollers Bananas & Water	29 Wheat Crackers Carrots & Water	30 Chex Squares Berries & Water	31 Popcorn Raisins & Water	